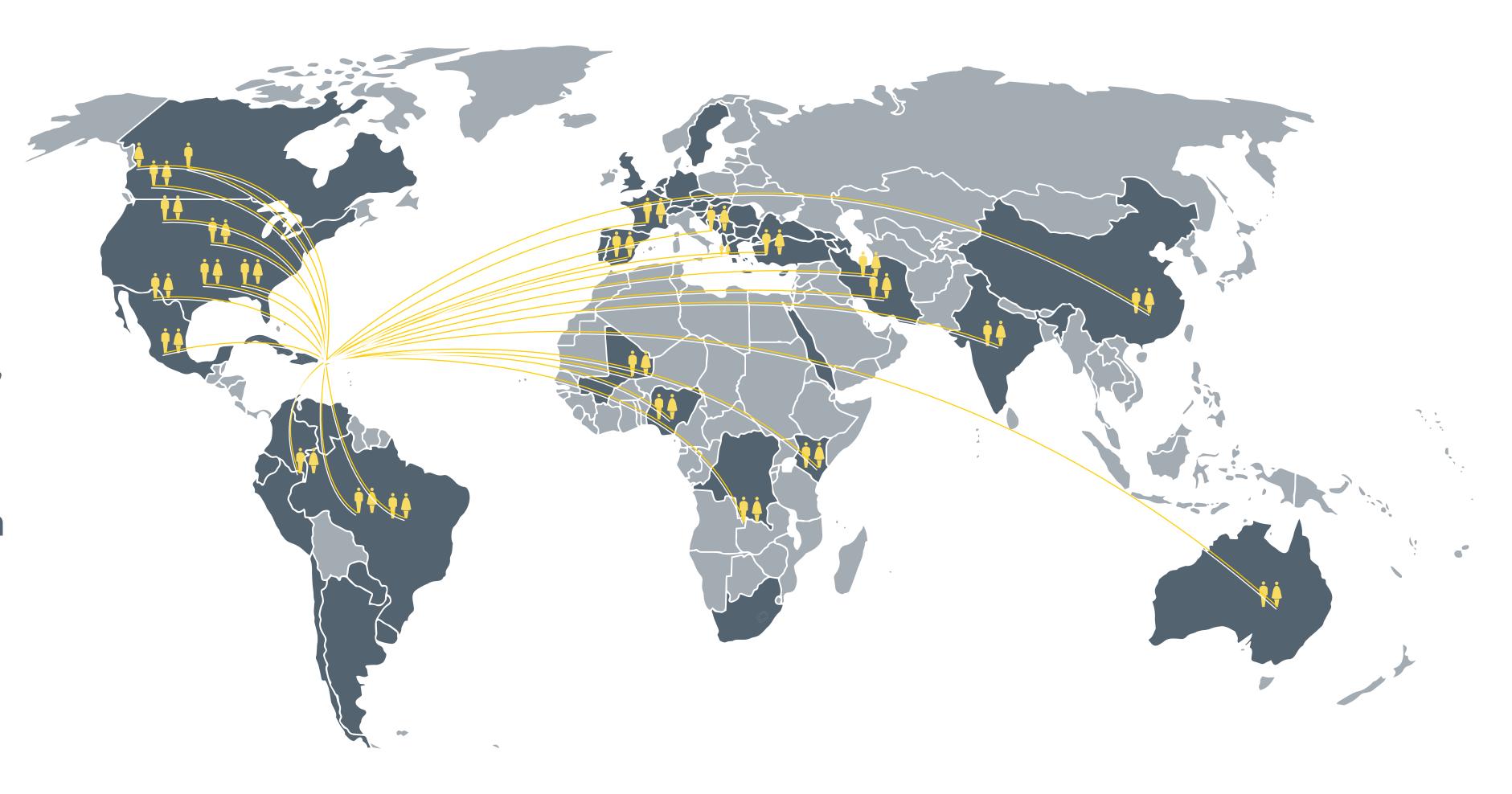


DEMOCRATIZING SCIENCE EDUCATION AND CAREERS FOR PUERTO RICO

Who We Are

A global community of >15K scientists, students, educators and allies who believe that science can empower individuals with the knowledge, capacity, and agency to improve their lives and society.



Our Vision

A society where individuals are empowered by science to think critically, solve problems, and be agents of change in their communities.

Our Mission

To democratize science and transform science education by engaging and empowering a diverse global community of scientists, students, educators, and allies



Our Difference



COMMITTED EXPERTS

We leverage our rich and diverse community to fuel solutions that democratize science, and transform science education and career training



CULTURAL RELEVANCE

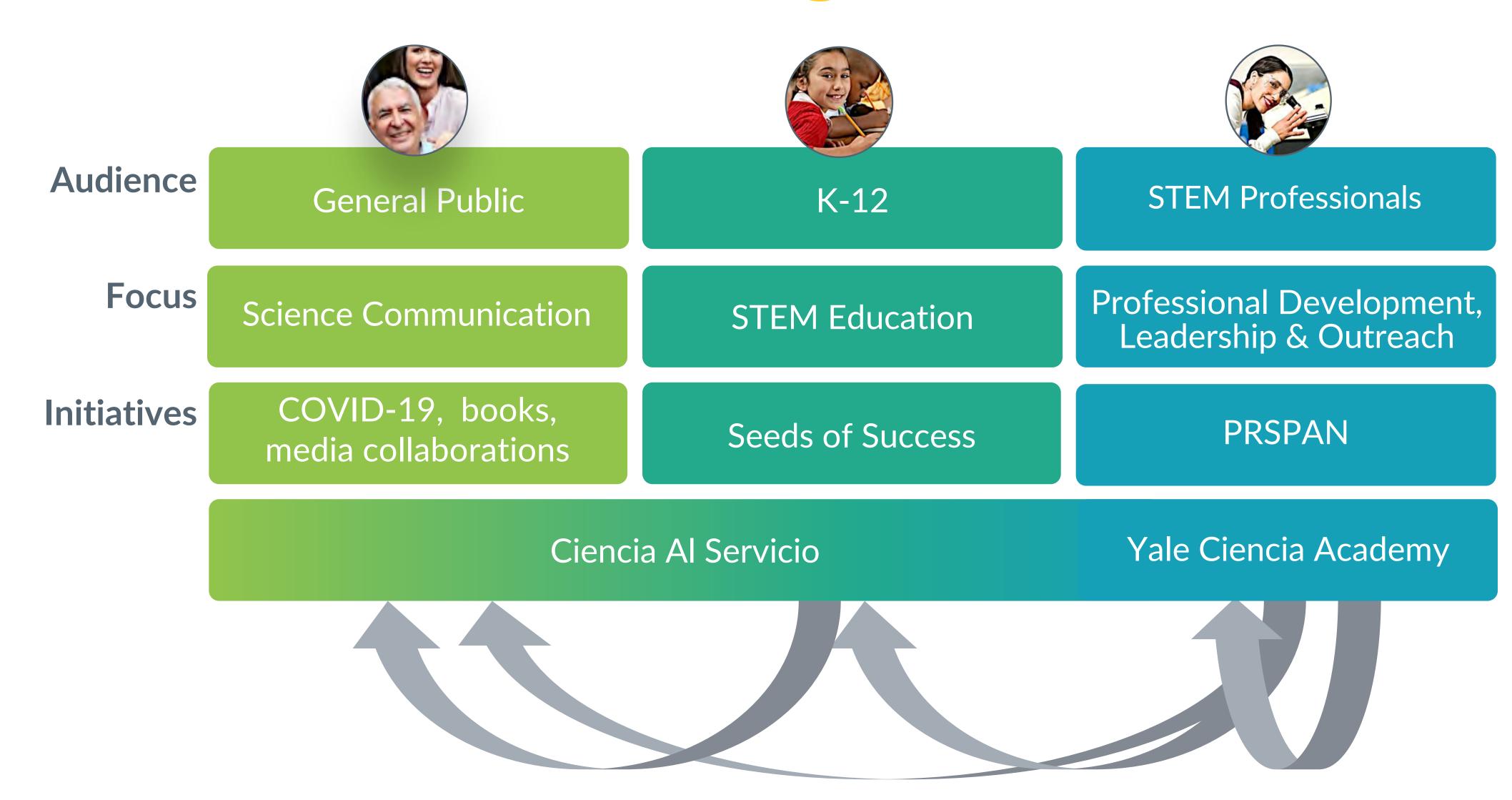
By making science more engaging and culturally relevant, our goal is to enable people to become critical thinkers and problem solvers



IMPACT

Focus on evidence-based interventions to ensure we are transforming how people relate to and learn from science

Our Programs





STEM Leaders

Our programs provide STEM experts with professional development, and science outreach and communication training, and with platforms to put those skills into practice.

Yale Ciencia Academy

Read more:

www.cienciapr.org/yca

NIH-funded program that provides career development for doctoral students in biomedical and behavioral sciences. Fellows participate in virtual conversations with successful scientists; define academic and professional goals; and receive training in communication and leadership skills.



210 students

32
U.S. states & Puerto Rico

71
academic institutions

Yale Ciencia Academy

190 outreach projects

30,000+
people impacted

As part of the program, YCA Fellows complete guided outreach and public engagement projects, through which they practice science communication and leadership skills and impact their communities.

Projects have included articles, podcasts, op-eds, lesson plans and school visits, public lectures, career workshops and panels, and the Puerto Rico Science Policy Action Network, a science policy and advocacy initiative





PUNTO DE VISTA

Por Charlene Rivera Bonet

0 0

miércoles, 18 de marzo de 2020

Manejando el trauma y la incertidumbre ante COVID-19

Puerto Rico ha sido afectado por tres fenómenos diferentes en los últimos tres años: los huracanes Irma y María, los terremotos de principios de año, y ahora la pandemia del COVID-19. El COVID-19, comúnmente conocido como coronavirus, ha sido confirmado en cinco personas en Puerto Rico hasta la fecha, con 37 casos sospechosos. Mientras cuidamos de nuestra salud física, también es vital mantener buena salud mental. Tanto las experiencias pasadas como el aislamiento ante la necesidad de guardar distancia social tienen el potencial de afectar nuestra salud mental.

Aunque muchas veces vemos la salud mental como algo separado a la salud física, nuestro cerebro sufre cambios físicos con experiencias traumáticas. Ante el trauma, las conexiones entre las neuronas en las regiones de nuestro cerebro que regulan nuestra respuesta al estrés y al miedo—la amígdala y la corteza prefrontal—cambian. Estos cambios hacen más difícil controlar el miedo. Por esta razón, puede ser difícil mantener la calma al enfrentarse a circunstancias como el COVID-19. Teniendo eso en cuenta, hay acciones que podemos tomar al respecto.

A continuación, comparto unas recomendaciones dadas por los servicios de salud de la Universidad de Harvard y otros recursos:

- Manténgase informado, pero sea cauteloso con el uso de redes— Use fuentes confiables para mantenerse informado. Es importante no creer toda la información que está en las redes, sino acudir a fuentes válidas como los Centros para el Control y la Prevención de Enfermedades (CDC) o la Organización Mundial de la Salud (WHO). Use

In 2020, several students used their outreach projects to respond and contribute to COVID-19 science communication or education

Puerto Rico Science Policy Action Network

Read more: http://bit.ly/PR-SPAN

Established to empower and activate Puerto Rican scientists— in Puerto Rico and the US—to contribute their knowledge and diverse perspectives to science policy and advocacy discussions and ensure policies for Puerto Rico are evidence-based.

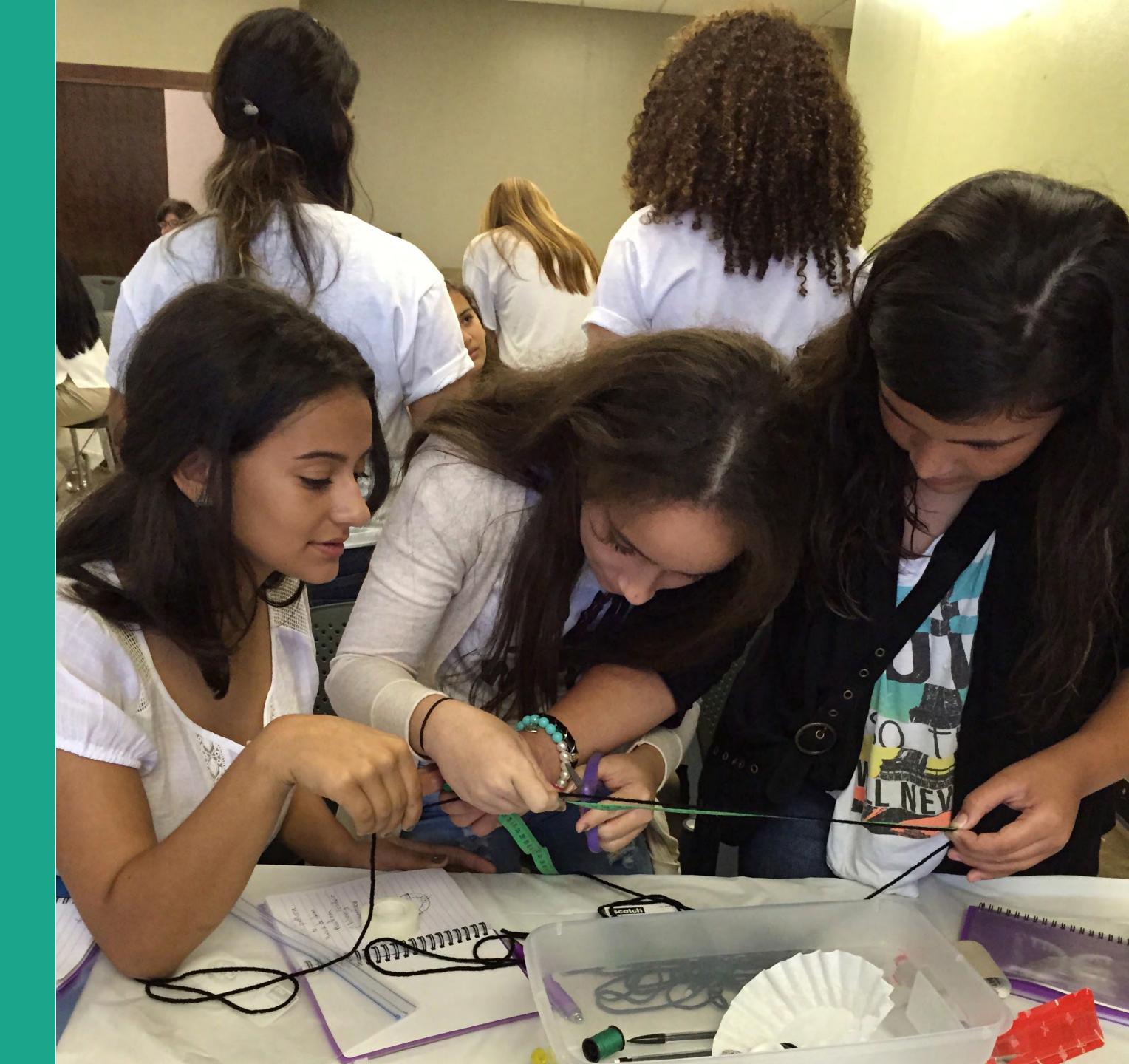
The initiative has trained >100 scientists in science advocacy, published >30 blog posts and policy alerts, launched a campaign to preserve the Puerto Rico Institute of Statistics, and has resulted in several articles and op-eds in newspapers and a presentation at a US House Committee hearing.





K-12 Science Education

We create culturally relevant STEM education resources and experiences to increase interest in STEM among Puerto Rican youth.



Seeds of Success: STEM Girl Ambassadors

A program to give middle school girls the chance to experience the excitement of STEM through workshops (online during COVID-19) and interactions with Latina STEM mentors.





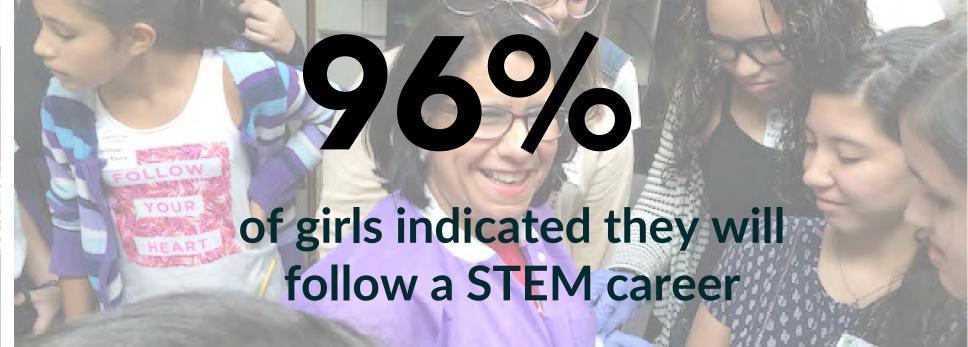
Girls are also given leadership training and the chance to work with local nonprofits to complete STEM Ambassador projects that impact other students and raise awareness and exposure to STEM.











New Digital Resources for Girls in STEM!





Largest digital collection of Latinas in STEM

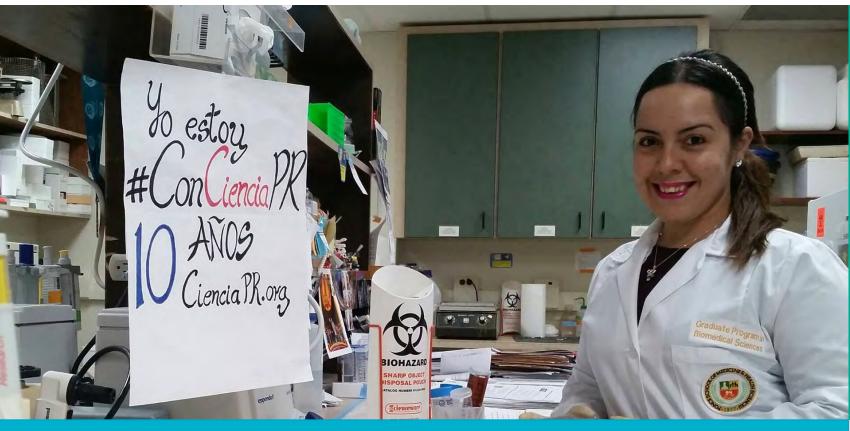
Webinar series with inspiring role models

Ciencia al Servicio de Puerto Rico

To address the need for better science education, in early 2018 we created Ciencia al Servicio de Puerto Rico.

Read more: bit.ly/CienciaAlServicioPR

We bring together scientists and educators to cocreate science lessons relevant to the Puerto Rican context and that empower students to solve problems they observe in their communities.



Educators



Scientists

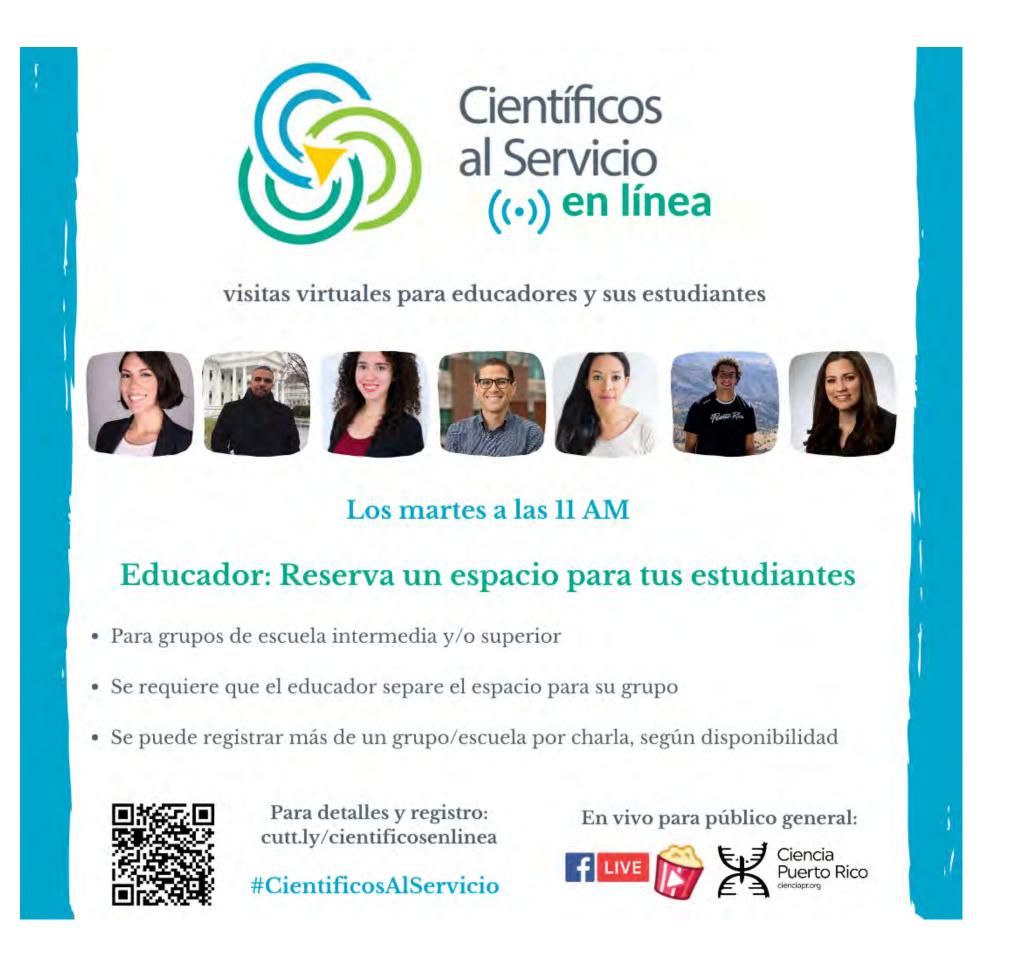


Students

STEM Education Continuity

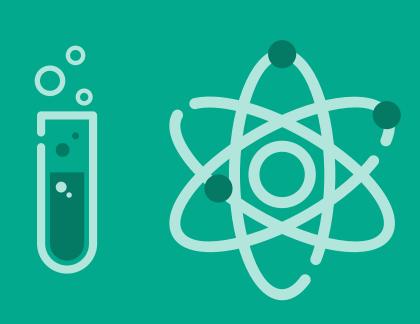


STEM lessons developed through our programs have been distributed to schools affected by earthquakes and digitalized for the pandemic.



We continued providing scientist lessons online throughout the pandemic and these have also been converted into a TV show.

Ciencia al Servicio by the Numbers - 2020



Online STEM professional classroom visits

teachers trained



STEM kits distributed



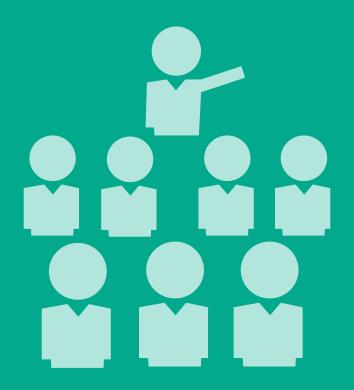


STEM lessons downloaded



>5000 students benefitted

students benefitted through lessons



Science for All

Through our website, communication initiatives, and media collaborations, we give voice to scientific role models and present science "in rice and beans" to make science content accessible and valuable to all.



Celebrating #CienciaBoricua

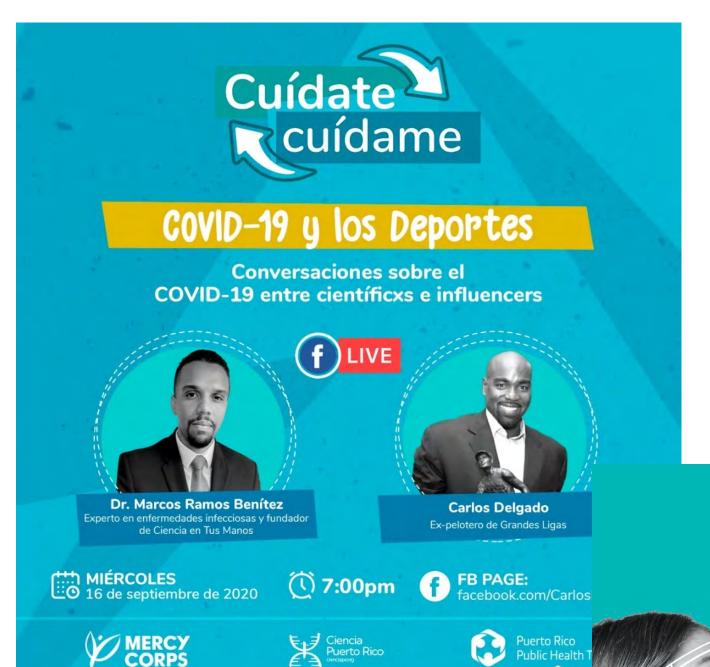
In 2011, we published ¡Ciencia Boricua! the first anthology of essays by Puerto Rican scientists for a Puerto Rican public

Since 2006, we have published >700 scientistwritten articles, through national and international media outlets

Since March 2020, we have published >97 COVID-19 related articles and columns in local newspapers written by > science and public health experts. We also facilitated >100 media interviews between scientists and local and international media.



COVID-19



Cuídate Cuídame
leverages influencers
& applies
differentiated
messages

We have leveraged our culturally-relevant communications expertise and STEM expert network to develop science-informed, audienced-targeted COVID-19 prevention campaigns. We are planning on expanding this model to other topics.



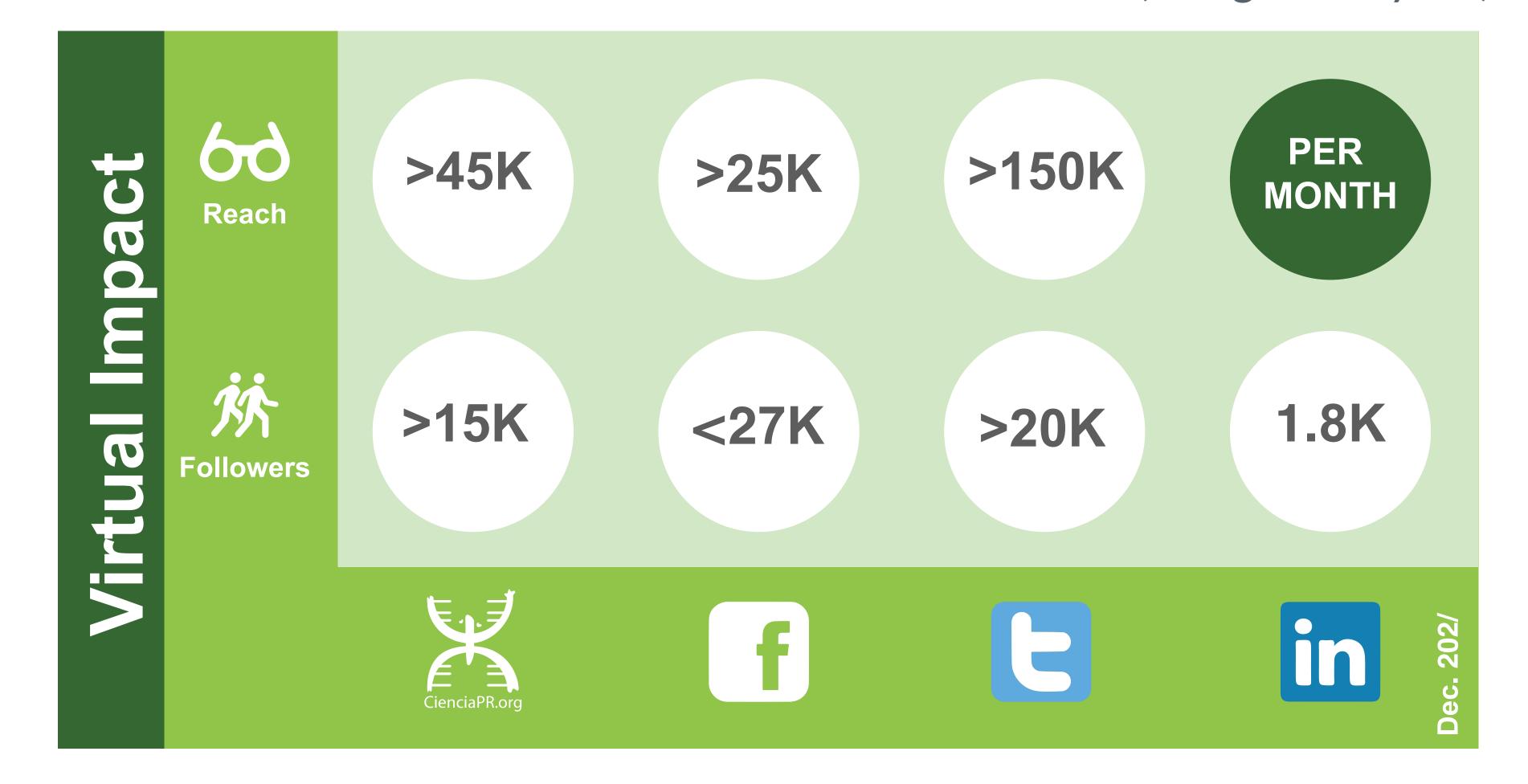


With support from the Simons Foundation, Aquí Nos Cuidamos uses participatory strategies to reach vulnerable communities

A Platform for Impact

CienciaPR.org is the most popular science website in Puerto Rico

Puerto Rican audiences visit our website 40% and 157% more than the most popular "Science" & "Jobs and Education" websites in the world (Google Analytics)



Bringing it All Together

Scientists

- Are supported through training, community, and visibility
- Are engaged to contribute through science education, communication, and training programs

Students

- Are exposed to real and engaging science & scientists
- Can see themselves as future leaders & change agents

Educators

- Get project-based learning training & tools
- Collaborate with scientists to design new lessons and bring them to their schools or community centers

Communities

- Are engaged through relevant & accessible science communication & civic science
- Promote and are empowered by knowledge and evidencebased policies and practices

Recognition for CienciaPR

In 2015, CIENCIAPR was recognized by the White House as a Bright Spot in Hispanic education.

In 2018, CienciaPR was recognized as one of five "Science Defenders 2018" by the Union of Concerned Scientists.





Recognition for CienciaPR



In 2021, our civic science project "Aquí Nos Cuidamos" was selected as Science Breakthrough of the year at the Falling Walls Engage Conference in Berlin.

The initiative was selected for this recognition among 189 projects from 80 countries for "not only breaking the wall between science and society but also building community, solidarity, and new forms of expertise and knowledge," according to the Chair of the international jury.

Our Team

Giovanna Guerrero-Medina



Executive Director

Mónica Feliú-Mójer



Director,
Communications &
Science Outreach

Greetchen Díaz-Muñoz



Director, Science Education & Community Partnerships

Elvin Estrada-García



Science Education Program Specialist

Liz Hernández-Matías



Senior Science Education Program Specialist

Edmy Ayala-Rosado



Science Communication & Outreach Specialist

Andrea López-Merced



Rita Allen Civic Science Fellow

Ariadna Rubio-Lebrón



Americorps Fellow

Alondra
Caraballo-Franco



Americorps Fellow

Our Board of Directors

Read more:

bit.ly/CienciaPR-New-BoD

In 2017, we announced a new Board of Directors composed of leading scientists, educators, innovators and members of the community.

This stellar group complements our existing expertise, and is helping us secure new sources of funding, and increase the visibility, recognition and impact of CienciaPR.



Josefina Arce-Quiñones, Ph.D.



Frances Colón-Hastings, Ph.D.



Daniel Colón-Ramos, Ph.D.



Jo E. Handelsman, Ph.D.



María Jaunarena, M.A.



Ramón Lloveras-San Miguel, J.D. L.L.M



Marla López Martínez, CFP, CIC



Manu Prakash, Ph.D.



Ana Helvia Quintero, Ph.D.



Ronald D. Vale, Ph.D.

Support Our Mission

CONTACT

Dra. Giovanna Guerrero-Medina Executive Director, Ciencia Puerto Rico giovanna.guerrero@cienciapr.org (616) 643-7666



www.cienciapr.org



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@CienciaPR



bit.ly/donate_CienciaPR



contact@cienciapr.org

