

UPR Humacao and Aguadilla come together to celebrate Mental Health Month ^[1]

Submitted on 30 September 2020 - 4:10pm

This article is reproduced by CienciaPR with permission from the original source.

Calificación:



No

CienciaPR Contribution:

UPR Humacao

Original Source:

Comunicado de Prensa

By:



(Humacao, PR) - Historically, the Counseling Departments of the University of Puerto Rico in Humacao (UPRH) and UPR in Aguadilla, come together to carry out a series of virtual activities during the month of October with the purpose of celebrate Mental Health Month.

This year will be a special one, since from October 1 to 29, 2020, health professionals and specialists together with students from both institutions will offer seven activities for the university community focused on topics such as the gender perspective and inclusive language , the strengthening of mental health during the pandemic, self-harm without suicidal intent, anxiety management during the pandemic, among others.

To read the full news story, please access the Spanish version of this website.

Tags: • [#UPRH #UPRAG #SaludMental #MesDeLaSaludMental](#) [2]

Content Categories: • [Social Sciences](#) [3]

Source URL: <https://www.cienciapr.org/en/external-news/upr-humacao-and-aguadilla-come-together-celebrate-mental-health-month>

Links

[1] <https://www.cienciapr.org/en/external-news/upr-humacao-and-aguadilla-come-together-celebrate-mental-health-month> [2] <https://www.cienciapr.org/en/tags/uprh-uprag-saludmental-mesdelasaludmental> [3] <https://www.cienciapr.org/en/categorias-de-contenido/social-sciences-0>