Published on *Ciencia Puerto Rico* (https://www.cienciapr.org)



# UPR Humacao and Aguadilla come together to celebrate Mental Health Month [1]

Submitted on 30 September 2020 - 4:10pm

*This article is reproduced by CienciaPR with permission from the original source.*

## CienciaPR Contribution:

No

## Original Source:

UPR Humacao

## By:

Comunicado de Prensa

(Humacao, PR) - Historically, the Counseling Departments of the University of Puerto Rico in Humacao (UPRH) and UPR in Aguadilla, come together to carry out a series of virtual activities during the month of October with the purpose of celebrate Mental Health Month.

This year will be a special one, since from October 1 to 29, 2020, health professionals and specialists together with students from both institutions will offer seven activities for the university community focused on topics such as the gender perspective and inclusive language , the strengthening of mental health during the pandemic, self-harm without suicidal intent, anxiety management during the pandemic, among others.

To read the full news story, please access the Spanish version of this website.

## Tags:

- #UPRH #UPRAG #SaludMental #MesDeLaSaludMental [2]

## Content Categories:

- Social Sciences [3]

Copyright © 2006-Present CienciaPR and CAPRI, except where otherwise indicated, all rights reserved
Privacy | Terms | Community Norms | About CienciaPR | Contact Us

---

**Source URL:**https://www.cienciapr.org/en/external-news/upr-humacao-and-aguadilla-come-together-celebrate-mental-health-month?page=7

**Links**
[1] https://www.cienciapr.org/en/external-news/upr-humacao-and-aguadilla-come-together-celebrate-mental-health-month [2] https://www.cienciapr.org/en/tags/uprh-uprag-saludmental-mesdelasaludmental [3] https://www.cienciapr.org/en/categorias-de-contenido/social-sciences-0