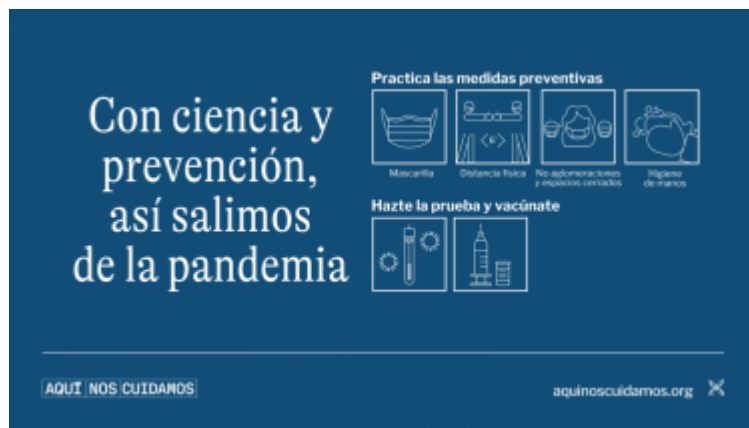


# Let's talk about the Delta variant <sup>[1]</sup>

Submitted by [Mónica Ivelisse Feliú-Mójer](#) <sup>[2]</sup> on 2 August 2021 - 12:26pm



<sup>[2]</sup>



The answer to "how do we protect ourselves from the Delta variant?" it remains vaccination, preventive measures and detection.

The arrival of the Delta variant has changed the landscape of the pandemic. Before we get into the details, the good news: vaccines work and protect us from serious consequences, hospitalization and death if we get the Delta variant (and the other variants) and it gives us COVID-19. The prevention measures that we already know also work to protect us from Delta and the other variants.

*You can read the full story in the Spanish version of this post.*

**Tags:**

- [vacunación](#) <sup>[3]</sup>
- [vacunas COVID-19](#) <sup>[4]</sup>
- [covid19-cienciaboricua](#) <sup>[5]</sup>
- [Aquí Nos Cuidamos](#) <sup>[6]</sup>

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