

# Silence is fatal <sup>[1]</sup>

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## CienciaPR Contribution:

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## Original Source:



Dr. Leopoldo Cabassa, mental health expert at the Columbia University School of Social Work, shares his insights on depression and suicide, based on his work and personal experiences.

The original version of this article is in Spanish. You can read it by clicking on ESPAÑOL at the top right of your screen.

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