

Cognitive behavioral therapy decreases depression symptoms in people with diabetes ^[1]

Submitted on 30 January 2015 - 10:27am

This article is reproduced by CienciaPR with permission from the original source.

Calificación:



No

CienciaPR Contribution:

Comunicado de Prensa

Original Source:

UPR-RP

By:



Jóvenes participan de terapia grupal en investigación de la UPR Río Piedras

A group of reserachers from the Institute of Psychology Research (IPsi) at the University of Puerto Rico in Rio Piedras, found that young people with diabetes and depression shown reduce symptoms of anxiety after been exposed to cognitive behavioral therapy.

To participate call [\(787\) 764-0000](tel:(787)764-0000) extension [7883](tel:7883) ^[2] or [787-310-9686](tel:787-310-9686) ^[3]. For more information about the study email ecumba@ipsi.uprrp.edu ^[4] o diabetesdepresionii@gmail.com ^[5].

To read the full article, visit the Spanish version of this site.

Tags:

- [UPRRP](#) ^[6]
- [IPsi](#) ^[7]
- [NIH](#) ^[8]

Content Categories:

- [Social Sciences](#) ^[9]
- [K-12](#) ^[10]
- [Undergraduates](#) ^[11]
- [Graduates](#) ^[12]
- [Postdocs](#) ^[13]
- [Educators](#) ^[14]

Source URL:<https://www.cienciapr.org/en/external-news/cognitive-behavioral-therapy-decreases-depression-symptoms-people-diabetes>

Links

[1] <https://www.cienciapr.org/en/external-news/cognitive-behavioral-therapy-decreases-depression-symptoms-people-diabetes> [2] tel:%28787%29%20764-0000%20extensi%C3%B3n%207883 [3] tel:787-310-9686 [4] <mailto:ecumba@ipsi.uprrp.edu> [5] <mailto:diabetesdepresionii@gmail.com> [6] <https://www.cienciapr.org/en/tags/uprrp> [7] <https://www.cienciapr.org/en/tags/ipsi> [8] <https://www.cienciapr.org/en/tags/nih-0> [9] <https://www.cienciapr.org/en/categorias-de-contenido/social-sciences-0> [10] <https://www.cienciapr.org/en/categorias-de-contenido/k-12-0> [11] <https://www.cienciapr.org/en/categorias-de-contenido/undergraduates-0> [12] <https://www.cienciapr.org/en/categorias-de-contenido/graduates-0> [13] <https://www.cienciapr.org/en/categorias-de-contenido/postdocs-0> [14] <https://www.cienciapr.org/en/categorias-de-contenido/educators-0>