

Cognitive behavioral therapy decreases depression symptoms in people with diabetes ^[1]

Submitted on 30 January 2015 - 10:27am

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Jóvenes participan de terapia grupal en investigación de la UPR Río Piedras

A group of reserachers from the Institute of Psychology Research (IPsi) at the University of Puerto Rico in Rio Piedras, found that young people with diabetes and depression shown reduce symptoms of anxiety after been exposed to cognitive behavioral therapy.

To participate call [\(787\) 764-0000 extension 7883](tel:787-764-0000) ^[2] or [787-310-9686](tel:787-310-9686) ^[3]. For more information about the study email ecumba@ipsi.uprrp.edu ^[4] o diabetesdepresionii@gmail.com ^[5].

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