

Cognitive behavioral therapy decreases depression symptoms in people with diabetes ^[1]

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Jóvenes participan de terapia grupal en investigación de la UPR Río Piedras

A group of reserachers from the Institute of Psychology Research (IPsi) at the University of Puerto Rico in Rio Piedras, found that young people with diabetes and depression shown reduce symptoms of anxiety after been exposed to cognitive behavioral therapy.

To participate call [\(787\) 764-0000](tel:(787)764-0000) extension [7883](tel:7883) ^[2] or [787-310-9686](tel:787-310-9686) ^[3]. For more information about the study email ecumba@ipsi.uprrp.edu ^[4] o diabetesdepresionii@gmail.com ^[5].

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