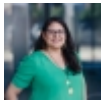


Hurricane Maria - Public Health and Prevention ^[1]

Submitted by [Giovanna Guerrero-Medina](#) ^[2] on 25 October 2017 - 2:29am



^[2]



More than a month since Maria hit Puerto Rico, there is still a lot of standing water and a large number of households with little or no access to potable water, which increases the possibility of diseases such as leptospirosis, gastroenteritis, dengue, zika and chikungunya. However, many of these diseases are preventable if citizens take the right precautions.

Puerto Rico Rising Connecticut [3], a nonprofit organization comprised of students, professors and doctors from Yale University, in conjunction with volunteers from the University of Puerto Rico, the Medical Sciences Campus and the nonprofit Ciencia Puerto Rico [4], have developed a series of videos, posters and audio recordings to help the Puerto Rican community prevent diseases and take care of their health after the passage of Hurricane Maria. This collection of educational resources presents easy-to-follow instructions and information to ensure a healthier Puerto Rico. Topics covered through the educational campaign include:

- Clean and safe water [5] (Spanish only)
- Mosquito control [6] (Spanish only)
- The importance of washing your hands [7] (Spanish only)
- Flu prevention [8] (Spanish only)
- Avoiding gastroenteritis [9] (Spanish only)
- Protect your kids against chickenpox [10] (Spanish only)
- What you need to know about leptospirosis [11]

The resources have been made available for free through the Ciencia Puerto Rico portal and his blog Knowledge: To Your Health! [12] so that citizens and private and governmental organizations can use and disseminate these resources to promote public health. The authors give permission to copy the videos, print the page, or download capsules or images to disseminate information in their community. In particular, a call is made to the radio and television media to give space in their programming schedules to disseminate the videos and recordings among their audiences. Media outlets interested in accessing the collection of videos and recordings can download them here [13]. For more information, suggestions for additional topics, or donations for the campaign, please contact Dr. Marietta Vázquez (marietta.vazquez@yale.edu) [14].

Tags:

- hurricane maria [15]
- Huracán María [16]

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