

# CAMILA I. ROGER TEJERA

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## Education

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*Albizu University, San Juan Campus*

**Bachelor of Interdisciplinary Studies in Psychology**

(Expected graduation: December 2026)

*University of Puerto Rico, Rio Piedras Campus*

**Bachelor of Science in Biology**

(2022-2024, Transferred to AU, San Juan)

*International Corporation of Latin America Leader NGO (CILL)*

**Certificate in Meaningful Learning and Pedagogical Strategies for ASD, ADHD, DIS and DS**

2024

## Experience

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*DEIJI LAB, Albizu University, SJ*

2025-Current

**Role:** Laboratory Research Assistant

**Responsibilities:**

- “Perception about the Application of Intercultural Competency Knowledge in Undergraduate Students”
- “Psychometric Characteristics of the Intercultural Development Scale in Puerto Rican Undergraduate Students”
  - Supporting data collection, analysis, administrative tasks, and literature review for ongoing studies.
- Prospective P.I. research project focused on exploring cultural barriers to accessing mental health services among immigrant populations.

*Albizu University, San Juan Campus*

2024-Current

**Role:** Administrative Assistant

**Responsibilities:**

- Improved document organization with thorough file maintenance, archiving outdated records as necessary for efficient retrieval when needed.

*Crisis Text Line ONG*

2025-Current

**Role:** Crisis Counselor

**Responsibilities:**

- Provide immediate support to individuals in crisis through text-based communication, offering a safe space for emotional expression and guidance.
- Utilize active listening and de-escalation techniques to assist texters in managing their feelings and developing coping strategies.
- Assess the severity of crises and provide appropriate referrals to mental health resources or emergency services when necessary.

*Metropolitan Hospital - MetroNephrology Center, SJ*

2024-2025

**Role:** Administrative Medical Assistant

**Responsibilities:**

- Managed a high volume of patient correspondence, ensuring timely responses and appropriate escalation of urgent matters.
- Maintained medical records, contributing to improved patient care and safety.
- Kept electronic health record systems, increasing team efficiency, and simplifying data retrieval processes.
- Managed confidential patient information in compliance with HIPAA regulations.

*STAR Academy at the Arecibo Observatory, NSF and NASA*

2022

**Role:** Intern researcher

**Responsibilities:**

- Participated in a highly selective program aimed at cultivating a scientific mindset in young individuals, with a focus on advanced topics in astronomy and programming.
- Contributed to the design, execution, and analysis of a research project, honing skills in scientific writing and presenting findings to the scientific community.
- Gained hands-on experience in research methodologies, including data collection, analysis, and collaboration with top-tier professionals in the field.

## Publications

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**Roger-Tejera, C.,** Ríos, M., Olmeda, S., et al. (2023). *Survival of tardigrade culture in a simulated lunar environment* [Research paper]. Zenodo.  
<https://doi.org/10.5281/zenodo.8015723>

**Roger-Tejera, C.** (2024). *The Psychological Impact of Deportations on the Immigrant Community in Puerto Rico* [Forthcoming]. *Revista Desde Adentro*, 15th edición. Albizu University, San Juan Campus

## Leadership

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*Puerto Rico Psychological Association*

Student Committee - Public Relations Officer

2025-Current

**Responsibilities:**

- Participated in committee meetings and collaborated in the planning and execution of assigned activities.
- Created and maintained updated calendars of student-focused events and initiatives.
- Acted as liaison between the committee and external contacts for organizing conferences, talks, and workshops.

*Student's Representative Council, Albizu University, SJ*

Treasurer

2025-Current

**Responsibilities:**

- Managed and tracked the student council's budget, ensuring accurate allocation of funds for various student activities and events.
- Prepared and presented financial reports during meetings, detailing income, expenditures, and account balances.
- Coordinated fundraising efforts and managed funds from student events, ensuring transparency and accountability.
- Ensured compliance with financial policies and procedures, assisting in the allocation of funds for campus-wide projects.

*Association of Undergraduate Students in Psychology, Albizu University, SJ*

Planning Committee

2025-Current

**Responsibilities:**

- Collaborated with fellow committee members to plan and organize events, workshops, and activities.
- Assisted in the development and execution of initiatives aimed at enhancing student engagement, including educational and social events.
- Contributed to brainstorming and decision-making processes for future activities, aligning them with the association's goals and student interests.

## Professional Affiliations

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*American Psychological Association (APA)*

**Member since:** 2024

*Puerto Rico Psychological Association (APPR)*

**Member since:** 2024

*Neuropsychology Student Association, Albizu University, San Juan Campus*

**Member since:** 2024

*'Recinto Solidario'*

**Member since:** 2024

*Interamerican Society of Psychology (SIP)*

**Member since:** 2025

*Human-Animal Bond Association*

**Member since:** 2025

## Awards and Grants

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*Banco Popular de Puerto Rico*

Premio a la Excelencia Académica Rafael Carrión Jr.

2022

**In recognition of:** Awarded for being among the top students, based on AP exam scores in Puerto Rico.

*Escuela Especializada Bilingüe Padre Rufo*

Class Valedictorian and Padre Rufo Award

2022

**In recognition of:** Graduated with a 4.0 GPA and awarded for outstanding academic achievement and community involvement.

*Puerto Rico Mathematical Olympiads*

National Finalist

2022

**In recognition of:** Awarded for achieving finalist status in the national mathematics competition, organized by the University of Puerto Rico-Mayagüez Campus.

## Workshops and Certifications

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<i>Institute of Research, Education and Services in Addiction</i> <b>Basic Neurobiology of Substance Use Disorder</b>	2025
<i>Puerto Rico Public Health Trust Fund</i> <b>Seminar: Trauma-Informed Story Books</b>	2025
<i>Puerto Rico Psychological Association</i> <b>Emerging artificial intelligence technologies and their place in therapy and psychological research</b>	2025
<i>'Recinto Solidario', Albizu University, San Juan Campus</i> <b>Harm Reduction: Strategies that save lives</b>	2025
<i>Puerto Rico Psychological Association</i> <b>Ancient Wisdom and Psychology in Puerto Rico</b>	2025
<i>Puerto Rico Psychological Association</i> <b>Behavioral management in the neurodivergent population.</b>	2025
<i>Albizu University, San Juan Campus</i> <b>Substance use disorders in adolescents</b>	2025
<i>Puerto Rico Psychological Association</i> <b>My pet and I till death do us part</b>	2025
<i>Neuropsychology Student Association, Albizu University, San Juan Campus</i> <b>Transcultural Neuropsychology: Development and relevance to the Puerto Rican context</b>	2025
<i>Albizu University, San Juan Campus</i> <b>Neurophysiological and neurochemical basis of sleep/wakefulness disorders</b>	2025
<i>Albizu University, San Juan Campus</i> <b>Interdisciplinary Dialogue: Defending rights, building hope: Legal and psychological support for immigrants</b>	2025

<i>Albizu University, San Juan Campus</i>	2025
<b>Beyond Words: The Power of Listening in Diversity</b>	
<i>Neuropsychology Student Association, Albizu University, San Juan Campus</i>	2025
<b>Frontotemporal Dementia Workshop</b>	
<i>National Autonomous University of Mexico, Faculty of Psychology</i>	2024
<b>Neuropsychological and behavioral-contextual approach of ADHD in adults</b>	
<i>Puerto Rico Psychological Association</i>	2024
<b>Functional Analytic Psychotherapy (FAP): Clinical interventions that produce change in the therapeutic process</b>	
<i>The National Register's Clinical Webinar Series</i>	2024
<b>Neuropsychological evaluation of spanish speakers</b>	
<i>National Autonomous University of Mexico, Faculty of Psychology</i>	2024
<b>Targeted psychological interventions using clinical case formulation</b>	
<i>National University College, Rio Grande</i>	2024
<b>Phlebotomy Workshop</b>	
<i>Albizu University, San Juan Campus</i>	2024
<b>Affirmative therapy model for LGBT+ latinx adolescents and young adults</b>	
<i>Fields of Joy Foundation</i>	2024
<b>2nd Youth Mental Health Summit</b>	
<i>Puerto Rico Psychological Association</i>	2024
<b>Crisis support skills for natural disasters</b>	
<i>Albizu University, San Juan Campus</i>	2024
<b>Crisis intervention in children and adolescents</b>	
<i>National University College, Arecibo</i>	2024
<b>Nonviolent Crisis Intervention - CPI</b>	
<i>Albizu University, San Juan Campus</i>	2024
<b>SPSS and Database Workshop</b>	

*Albizu University, San Juan Campus* 2024

**Panel Discussion: Challenges and opportunities in cognitive rehabilitation**

*Ponce Health Sciences University* 2024

**10th Symposium on Student Research in Behavioral Health**

*National University College, Ponce* 2024

**Suicide in children and adolescents: prevention and treatment**

*Albizu University, San Juan Campus* 2024

**Trauma and Post Traumatic Stress Assessment in children, adolescents and adults**

*Puerto Rico Psychological Association* 2024

**Repairing ethics in therapy: Standards for appropriate treatment with the LGBT+ community**

*Albizu University, San Juan Campus* 2024

**Cultural sensitivity and competence in health services to LGBTQIA+ populations: Diversity, inclusion, equity and health**

## Community Involvement and Volunteering Experiences

*Puerto Rico Psychological Association (APPR)* 2024-2025

**Role:** Event Assistant

- 71st Annual Convention: Innovative Psychological Projects for the Sustainable Development of Puerto Rico
- Thematic Symposium: Building Bridges - Psychology from an Intersectional Approach

**Responsibilities:**

- Assisted with the organization and coordination of the conferences, supporting speakers, managing event logistics, and ensuring smooth operations.

*'Recinto Solidario', Albizu University, San Juan Campus* 2025

**Role:** Workshop Coordinator

**Responsibilities:**

- Collaborated with two other students to create the curriculum for a workshop on self-care, aimed at social work professionals.

- Presented the 2-hour workshop to employees from the social work department at Universal University, focusing on stress reduction techniques and fostering well-being in the workplace.