

**Julio Herrán**  
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### **Professional Summary**

Sports and Counseling/Clinical Psychologist willing to engage with my knowledge and field experience in a wide range of therapeutic environments along with video conference, seminars and online assistance can be used to help people recover and regain their mental health. Family and Couples Therapy, Clinical Hypnosis and Sports Psychology certified. Representative of the Ibero-American Society of Sports Psychology in Puerto Rico, (S.I.P.D.). American Red Cross DMH volunteer.

### **Core Qualifications**

- Extremely understanding towards people from all walks of life
- Experience in life skills counseling and crisis interventions in people of all ages
- Knowledge of techniques and strategies of counseling, and posts psychology
- Understanding that what works for one may not work for others
- Excellent communication skills both orally and written
- Organized and thorough in all reports and analyses
- Ability to work with other staff members or other psychologist
- Experience and knowledgeable with computer network equipment and online workshops

### **Work Experience**

2014-2017

#### **Counseling Psychologist, Sports Psychologist**

University of Puerto Rico, Río Piedras Campus. Río Piedras, P.R.

Department of Physical Education and Recreation.

Psychologist and Advisor in sports psychology and community, P.A.I.D.C.O. Program and C.A.E.P.D.

- Met with families and communities in order to evaluate social needs offering on-site sports counseling
- Assessed community circumstances and condition in order to provide specific interventions whitening sports recreation aspects
- Organized workshops and teach mental skills for enhanced performance
- Worked with participants with counseling needs and counsel as need it
- Coordinate and decided for follow-up counseling for anyone in need

2008- Present

#### **Counseling Psychologist**

Human-Spiritual Development Center, Good Shepherd, P.R.

- Meet with first-time clients to assess condition and needs for therapy.
- See clients on a consistent basis to keep them on track judge progress and determine if other options should be explored.
- Draft a report describing the circumstances of the client's condition adding notes and updates on a regular basis.
- Research new findings developments and techniques in the world of psychology and implement them if possible.
- Family and couples Therapy Certified.

2008-Present

#### **Network Technician**

Department of Health, O.I.A.T. Río Piedras, P.R.

- Support and facilitate communication between computing systems and end users.
- Provide desktop hardware and software support for end users and applications support.

### **Education**

Inter-American University of PR, Metropolitan Campus, Río Piedras, P.R.

M.A. in Arts in Psychology with a specialization in Psychological Counseling.

University of Vigo, Spain.

Master in Sport Psychology. Ibero-American Society of Sports Psychology.

University of Puerto Rico in Carolina, P.R.

B.A. in Criminal Justice Sciences, Forensic Psychology.